



Alaska Battle Cats presents:  
**2<sup>nd</sup> Annual Miriam "Mimi" Ambrose  
Memorial Wrestling Tournament**

**Greco – March 13, 2026  
Freestyle – March 14, 2026**

**Chugiak High School, 16525 S Birchwood Loop Rd, Chugiak**

**Friday, March 13 – Greco (10U and older)**

**3:30-4:00pm** Weigh-in for those who did not do satellite weigh-in (must wear singlet)  
**5:00pm** Wrestling begins

**Saturday, March 14 – Freestyle (all ages)**

**7:30-8:00am** Weigh-in for those who did not do satellite weigh-in (must wear singlet)  
**8:00am** Coaches & Officials Meeting  
**9:00am** Wrestling begins for 6U, 8U, 10U  
**12:00pm** Wrestling begins for 12U, 14U, 16U, USA Junior, and Open

**Headgear and mouthguards are optional but strongly recommended.**

**WRESTLERS SHOULD ARRIVE AT LEAST ONE HOUR PRIOR TO START TIME TO CHECK BRACKETS.  
NO CHANGES WILL BE MADE TO THE BRACKETS 20 MINUTES BEFORE START TIMES.**

**Registration:** For satellite weigh-ins, athletes must be affiliated with a club and registered through the USAW Membership system. Clubs must enter weights by 11:59 p.m. on Thursday, March 12. Hand-deliver or email team sign-off sheet of coach/official doing skin/nail checks and pairing official entering weights to Stacey Medeiros ([yecatsak@gmail.com](mailto:yecatsak@gmail.com)). Unaffiliated or missed registration competitors can register on-site at the Head Table during the day-of weigh-in time.

**Entry Fee: \$30 per wrestler per entry.** ALL wrestlers must have a valid USAW Card. Cards will not be available for purchase at the tournament. Girls-only brackets will run simultaneously. It is your responsibility to watch both brackets if you chose to enter both tournaments.

**Coaches:** Wristbands will be given to rostered Coaches who hold a current USAW Wrestling Leader Card with Copper level or higher credentials and concussion certifications. No credentials, no wristband, no corner. NO EXCEPTIONS.

**Mats:** We will run 8 mats on Friday. Saturday we will run 12 half mats in the morning and 8 full mats in the afternoon.

**Spectators:** Friday: \$5 per person; Saturday: \$10 for adults, \$5 for children. **50% of all spectator fees collected on Saturday will be donated to a local organization that provides teenagers with fentanyl awareness and treatment.** Please be respectful of spectators in the stands when watching matside. Please leave the mat as soon as the match is finished.

**Concessions / Hospitality:** Concessions will be available for spectators and wrestlers. Hospitality for banded Coaches and Mat / Pairing Officials only will be offered.

**Awards:** Medals for the top three wrestlers in each bracket after all brackets have closed in each session.

**Questions?** Contact our Tournament Director, Susan Koller Nieves, at [ABCvice@hotmail.com](mailto:ABCvice@hotmail.com).

**2025 Spectator Fees raised \$4,218 for VOA Alaska. Thank you for your contributions.**  
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